

Fall 2017
Saint Hugh Catholic School
After School Activities

CLASSES BEGIN 9//17



After School Programs

*All Students interested in participating in any of the after school activities provided in this booklet **MUST** be registered by the registration deadline. In addition, all fees **MUST** be paid prior to beginning lessons and health forms **MUST** be in good standing.

*On Wednesday's with 1:00 dismissal, activities will begin immediately after dismissal.
Clinics and Homework Club will not be offered on early release days.

The teacher/coach/vendor is required to pick up your child from their homeroom by 2:55pm.
The Director will inform parents with a minimum of ONE HOUR NOTICE for any unforeseen cancellation due to weather and/or emergencies.

***If child is not picked up after activity or monthly payments are not met by the 10th of every month, he/she will be escorted to aftercare. (Additional Fees will apply). Prorate will not be offered.**

If there is a history of delinquency for non-payment, your child may not enroll in any afterschool program. All dates are subject to change as per Mrs. Fernandez.

**All programs, dates, time and cost are subject to change at the discretion of the principal and/ or pastor.*

After School Activities Coordinator: Mrs. Perez
Gperez@st-hugh.org

Ballet:

Ages: PK3 thru 4k: **Beginners**
kinder thru 4th grade: **Intermediate**

Offered by **Emotion Dance Institute**

An introduction to ballet beginning with placement of body and progressing through basic steps, developing movement quality and musicality and preparing the child for the excitement and discipline of the art of Ballet.

Monday & Wednesday

3:00 p.m. - 4:00 p.m.

Fee: 2 days a week \$112 per month

1 day a week \$90 per month

(Minimum of 10 students per group to begin this course)

Hip Hop / Jazz:

Ages: Kindergarten—5th grade
Groups will be divided by ages.

Offered by **Emotion Dance Institute**

The hip hop/jazz combination infuses the funky style of hip hop with the technical side of jazz. Students will learn the fundamentals of each style such as isolations and flexibility. This class will encourage students to dance outside of the box and bring their own personality to each movement.

Tuesday & Thursday

3:00 p.m. - 4:00 p.m.

Fee: 2 days a week \$112 per month

1 day a week \$90 per month

Flamenco:

Beginners

grades: PK3 & PK4

Intermediate

Group A: 2nd-3rd grade

Group B: Kindergarten – 1st grade

Offered by: **Emotion Dance Institute**

This class will introduce students in a fun and energetic way to basic Flamenco technique including footwork, arms, posture and turns.

Tuesday & Thursday

3:00 p.m.—4:00 p.m. Beginners

4:00 p.m. - 5:00 p.m. Intermediate

(Students will be kept in a classroom from 3:00 - 4:00 free of charge)

Fee: 2 days a week \$112 per month

1 day a week \$90 per month

(Minimum of 6 students needed to begin this course)

Advanced Flamenco:

Group A: 4th -5th

Group B: 6th-8th

Offered by **Emotion Dance Institute**

Emphasis on more advanced technique in flamenco with increased complexity of choreography including personal interpretation of varied compas.

Mondays & Wednesday

4:00 p.m. - 5:00 p.m.

(Students will be kept in a classroom from 3:00 - 4:00 free of charge)

Fee: 2 days a week \$112 per month

1 day a week \$90 per month

(Minimum of 6 students needed to begin this course)



Drama

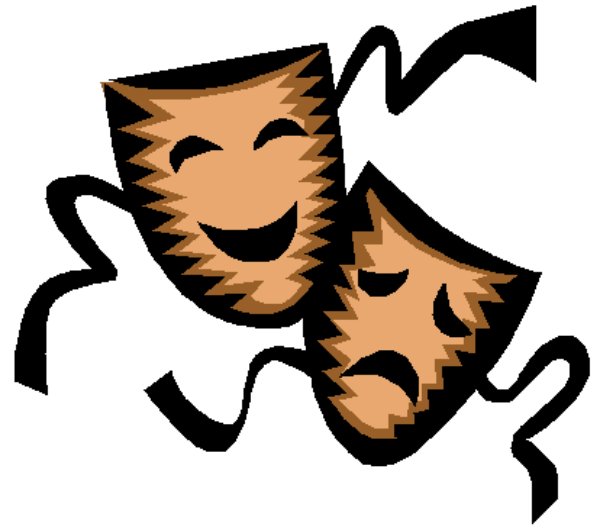
Ages: 2nd grade - 8th grade

Offered by **Ms. Gentschein**

The Drama Club is an after school program for students interested in acting, singing, and musical theater. They will be learning performance skills, basic vocal technique, and

Tuesdays & Thursdays 3:00 p.m. - 4:00 p.m.

Fee: 2 days a week \$150 per month
1 day a week \$90 per month



Voice Lessons

Ages: 2nd grade - 8th grade

Offered by **Ms. Gentschein**

Private 30-minute voice lessons are being offered. Students will be taught healthy vocal techniques and learn songs from a variety of genres and time periods. Students will cover basic theory and sight reading skills as well as acting and song interpretation. The students will have two performances this year in which they will perform the songs they have been working on. Your talent is God's gift to you. What you do with it is your gift back to God!

Fee: \$120 per month

Must contact Ms. Gentschein to schedule day

Mind Lab:

Ages: Kinder - 5th grade

Offered by **Mind Lab**
www.mindlabsf.com

Mind Lab is an innovative and research based program that helps children enhance their cognitive, social and emotional skills using internationally-acclaimed thinking games. These games encourage deduction and induction procedures, teamwork, communication and the art of graceful winning and losing. Mind Lab has developed a unique approach that fills the gap between school education and real life challenges by teaching students how to think rather than what to think. During the course the concepts are applied to real life situations, allowing children to make transference from game scenarios to real life experiences and scholastic achievements. The extensive research conducted by Yale University endorses that the Mind Lab Method significantly improves math and verbal scores as well as other important thinking and life skills

Tuesday
3:00 p.m. - 4:00 p.m.

Fee: \$96 per month
(Minimum of 6 students needed to begin this course)

Basketball Clinics

Offered by FC

The clinics will have a strong emphasis on the fundamentals of passing, dribbling and shooting. We will also have scrimmage time to allow them to better learn the rules of the game and implement them in game like situations.

Ages: 2nd grade – 4th grade

Mondays & Wednesday 3:00 p.m. - 4:00 p.m.

Ages: Kindergarten - 1st grade Tuesday & Thursday 3:00 p.m. - 4:00 p.m.

Fee: 2 days a week \$150 per month

1 day a week \$90 per month

(Minimum of 5 students to begin this course)

Beginners Robotics

Ages: Kinder - 3rd grade
(groups divided by ages. Each group will work in a different "station")

Offered by **Links Languages**

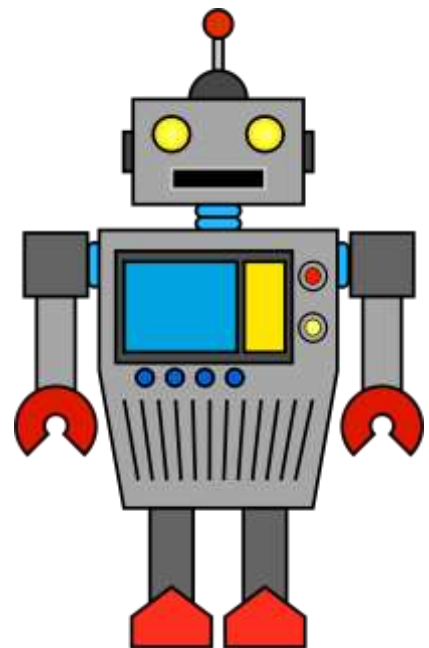
This program is a science, technology, engineering and mathematics program focused on Robotics for kids. It is a hands-on building, design and programming experience. Students will use LEGO building elements, motors and sensors to build robots that are programmed with a computer to move, react and make sounds

- Play exciting games and experiments
- Stimulate mental sharpness, self-confidence and problem solving
- Create awesome individual and team projects

Monday
3:00 p.m. - 4:30 p.m.

Fee: \$96 per month

(Minimum of 5 students needed to begin this course)



Spanish Language Program

Ages: PK3 - 2nd grade

Offered by **Laura Cerdan**

The overall goal of the "It's Time to Read" Spanish program is to help children develop listening comprehension and creative skills while also entertaining and educating them by reading stories in Spanish. The objective is to show children the sharing of social values and good manners that are taught through different activities such as games and songs. The program also works with "bits of intelligence", the Glenn Doman teaching method which increases their memory and boosts concentration.

**Tuesday 3:00 p.m. -
4:00 p.m.**

**Fee: 2 days a week \$180 per month
1 day a week \$90 per month**

(Minimum of 5 students needed to begin this course)

Spanish Arts and Craft

Did you know that the best way to stimulate and develop your creativity is through the ARTS? Every kid is an innate artist! For them, the arts are the most fun instruments to exercise the mental skills important for their school performance. Let's paint, learn Spanish, and let the imagination flourish. Join SupereÑe in the Arts and Crafts program

**Thursday
3:00 P.M. – 4:00P.M
Fee : \$90 per Month**

Pre-School Tennis

Ages: PK3 - Kindergarten

Offered by **Schoolyard Tennis Academy**
www.schoolyardtennis.com

This is a one-hour course where preschoolers will be introduced to the basics of tennis in a fun, safe and age appropriate atmosphere. The nets, racquets, balls and court size are modified to make it easier for kids to learn to play. Lower nets, smaller racquets and low compression tennis balls will be brought to the school and set up for every class.

**Wednesday
3:00 p.m. - 4:00 p.m.**

Fee: \$96 per month
(Minimum of 6 students needed to begin this course)

Tennis

Ages: 1st - 4th grade

Offered by **Schoolyard Tennis Academy**
www.schoolyardtennis.com

An hour long, professionally coached after-school tennis program conducted in the "Quick Start Tennis" format. The nets, racquets, balls and court size are modified to make it easier for kids to learn to play. Lower nets, smaller racquets and low compression tennis balls will be brought to the school and set up for every class. Your child will learn the fundamentals of tennis in a fun, safe and recreational manner. Throughout the session all players will learn tennis skills, scoring and etiquette. Let your kids have fun while building their confidence in the game that will last a lifetime.

Julio Ugarte is a certified tennis professional with over 11 years' experience teaching young players. Berkeley Brock is a former collegiate tennis player and certified tennis professional.

**Wednesday
3:00 p.m. - 4:00 p.m.**

Fee: \$96 per month
(Minimum of 6 students needed to begin this course)



Flag Football Clinics

The clinics will focus on the fundamentals of the game. Passing, catching, route running and flag pulling. The children will also have scrimmage time to learn the rules in a game environment.

Ages: 5th grade - 6th grade
Mondays & Wednesday
3:00 p.m. - 4:00 p.m.

Ages: 2nd grade - 4th grade
Tuesday & Thursday
3:00 p.m. - 4:00 p.m.

Fee: 2 days a week \$150 per month
1 day a week \$90 per month
(Minimum of 4 students to begin this course)

Volleyball Clinics

Offered by FC

The clinics will teach the girls the rules, skills and strategy of volleyball. They will work on setting, serving, and passing in an age appropriate manner. Along with skills development, the emphasis is good sportsmanship, teamwork and fun.

Ages: 3rd grade - 8th grade
Mondays & Wednesday
3:00 p.m. - 4:00 p.m.

Ages: Kindergarten - 2nd grade
Tuesday & Thursday
3:00 p.m. - 4:00 p.m.

Fee: \$150 per month
(Minimum of 5 students to begin this course)

H.W. Club

- Assistance while completing daily homework
- Provide feedback to students using positive reinforcement techniques to encourage, motivate, or build confidence in students
- Work with students to improve their skills in certain subjects
- Develop study strategies to become an independent and effective student

Mon. – Thurs.

3:00-4:30P.M

2 days a week : \$90

4 days a week : \$160

Soccer

Ages: PK3 - 2nd grade

Offered by **Kixs 4 Kidz**
www.kixs4kidz.com

This program is a recreational setting for children to learn the sport of soccer. Each session includes age appropriate activities such as skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer in a safe, non-competitive environment, facilitated by licensed professionals.

Pee Wee Kickers (Pk3 to Kindergarten)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Little Junior Kickers (1st to 3rd grade)

Teaches the basic techniques of soccer including dribbling, passing and receiving, shooting, etc. Introduces team tactics in an age specific format. Fun skill games and small soccer matches will be played at every session.

Monday

3:00 p.m. - 3:45 p.m. (PK3 - Kinder) **3:45 p.m. - 4:45 p.m.** (1st to 3rd grade)

(Students enrolled in the 3:45 class will be monitored from 3:00 to 3:45 free of charge)

Fee: \$90 per month

***October & November** * \$120



Soccer Clinics

Ages: 2th grade - 4th grade

Offered by **FC**

More advanced soccer training that will focus on position skills and defense and get them ready for the upcoming season. There are two groups (all boys and all girls)

Fridays

3:00 p.m. - 4:30 p.m.

Fee: 2 days a week \$150 per month

1 day a week \$90 per month

(Minimum of 5 students to begin this course)

Karate

Ages :PK4-1st grade

Monday & Wednesday

3:00 p.m. - 3:45 p.m.

Ages: 2nd- 5th grade

Tuesday & Thursday

3:00 p.m. - 3:45 p.m.

Offered by **Emotion Dance Institute**

Each Martial Arts class is filled with high-energy, age-appropriate drills that have been carefully designed to build strength, stamina and endurance.

Fee: 2 days a week \$112 per month

1 day a week \$90 per month



Spanish Club

Ages : 1st-3rd grade
Monday & Wednesday
3:00 p.m. -3:45 p.m.

Ages: 4th-8th
Tuesday & Thursday
3:00 p.m. -4:30 p.m.



**Our Spanish teacher, Mr. Perez, will be offering
the following:**

- **Work with students to improve their skills in Spanish.**
- **Improve the oral and writing comprehension.**
- **Increase the vocabulary.**
- **Development more oral and writing fluency.**
- **Improve and reinforce grammatical knowledge.**

Fee: \$90 per month